

GALILEE MISSION, INC.

Narrative for Planning & Development

SETTING:

Galilee Mission owns a stand-alone building in Wakefield, RI. It is located well within the community, yet off the main throughway. Wakefield has many resources to affiliate with to assure our clients are connected. There are vocational, educational, medical, social, mental health, housing and many other resources and services to offer our clients.

Galilee Mission applied for a grant with The Department of Behavioral Health (BHDDH) for a 12-14 bed residential facility level 3.5 ASAM criteria on 7/21/2021. We received approval and a purchase order number on December 30th, 2021. At that time, we also applied to move our administrative offices, general outpatient and intensive outpatient to a facility located at 1220 Kingstown Road in Wakefield, RI. That lease was executed in April 2022.

PROGRAM:

The proposed program for 23 Arnold Street is: adult men residential ASAM level 3.5 for 12-14 beds. Level 3.5 residential is a high intensity clinical level of care. This level of care is clinical in nature only (has no medical component) and takes place after medical, medication and crisis stabilization happens as well as detoxification off of substances. This is done at other facilities around the state. To compare, this level of treatment happens before 3.1 which is the level of care we provide at our Narragansett location. There our residents are re-integrated back into the community, are encouraged to work, have transportation and family communication.

This 3.5 level of care is continued work on self-recovery, the clients do not work and attend program 6+ hours per day. Family participation is tentative as many have burned ties with family or a significant other. This time us utilized to open communications again.

Referrals to community resources is typical. We coordinate and transport our clients to medical and dental appointments, mental health services as well as legal involvement at the Judicial Center in Wakefield. We maintain referral agreements with Thundermist Health & Dental, Gateway Mental Health Services, Probation at Washington County Judicial Center as well as many others.

Typical stay is based on: insurance coverage, severity of substance use and legal involvement. Today, managed care organizations will only cover 10 days to 3 weeks of this level of treatment.

Once a client completes his stay at this level of care he is either transported to our Narragansett facility to initiates a lower level of treatment (3.1) at another facility within the Behavioral Health System.

Staffing:

Galilee Mission employs licensed chemical dependency professionals, a nurse practitioner, peer recovery support specialists, residential workers and administrative support. As per State regulations (see attached) there will be three full time staff members at the site at all times 24/7,

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365 days per year. (2) full time counselors and (1) admin person during the day and (2) residential workers and (1) peer recovery person at night. All other positions will come and go as needed. Part time staff similar to the clinical supervisor and nurse practitioner typically work out of our administrative office and residents are transported to them for appointments.

LCDCS, Clinical Supervisor takes an office at the admin office located at 1220 Kingstown Road. She is seasoned with our existing programs and will assist in the supervision of this program.

LDCP counselors to each have a caseload of clients. With a capacity of 12-14 beds as per state regulations we intend to hire 2 full time counselors. These professionals will complete the Biopsychosocial assessment, patient centered treatment plans, progress notes, discharge planning and aftercare as well as groups, etc.

Peer Recovery Specialists CPRS: Will contribute to the recovery process with lived experience. We intend to employ (1) full time for second / third shift. This position typically performs groups, recovery skills training, etc.

House Manager: Oversees the operation of the facility. S/he assures all major systems are in good operational order and works with administrative office to assure the clients are supplied with everything they need to be successful; clothes, toiletries, a ride to and from medical appointments, etc.

RSS: Residential Support Staff: This integral staff member (2 full time per day for the evening shift) is the glue to keeping schedules, prepare for groups while counselors are doing individual counseling, take clients to 12 step meetings, does the overnight hours to supervise the quiet house. Is trained in emergency situations; CPR, first aid, peer recovery, non-physical de-escalation techniques.

Nurse Practitioner: We employ a per diem nurse practitioner for medication management, prescribing, addressing non-emergent medical issues, continuity of care between all medical and mental health issues. In addition, we have long standing affiliation agreements with other levels of care including the nearest hospital, mental health provider, MAT and other levels of care. Our nurse practitioner is utilized strictly for non-emergent situations and more importantly closes the gap in assuring the client receives not only substance use treatment, can access mental health, medical, MAT, etc. The goal is a well-rounded continuum of care. She typically visits the site as needed.

We routinely perform random laboratory and toxicology screening as a benchmark to progress in treatment. We refer to neighboring, affiliated medical, psychiatric and psychological services depending upon the client's condition.

For the sake of the narrative in relation to the parking situation that was before April 2022 and what will be when construction is completed at 23 Arnold Street.

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When the administrative offices and outpatient program were at Arnold Street the parking was as follows:

Executive Director –full time	One parking space	Day Shift – Can be varied hours	Office is located at the admin office
Receptionist – full time	One parking space	Day shift	Office is located at the admin office
Peer Rec. Specialist –full Time	One parking space	Varied AM & PM hours	Office is located at the admin office
Intake Coordinator –full time	One parking space	Day shift	Office is located at the admin office
Billing Specialist -full time	One parking space	Day shift	Office is located at the admin office
Clinical Supervisor- full time	One parking space	Day Shift – can be varied hours	Office is located at the admin office
(2) Part time counselors	Shares a space	Hours are varied, usually opposite times	Office is located at the admin office
(2) Full time Counselors	One parking space each	Both do day and early evening shifts 12-8pm	Office is located at the admin office

Once the new program opens:

Executive Director	Shared parking space	As needed	Office is located at the admin office
Peer Rec. Specialist –full Time	One parking space	Evening shift	Will work out of this office
Clinical Supervisor-full time	Shared parking space	As needed	Office is located at the admin office
(2) Full time Counselors	One parking space each	Day shift	Both will work out of this office
House Manager- full time	One parking space	Day shift	Will work out of this office.

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Nurse Practitioner-per diem	Shared parking space	As needed	Office is located at the admin office
(2) Residential Workers-full time	One parking space each	Evening shift	Both work out of this office.
Saturday/Sunday open time for family/significant other visitation and group.	5 or more parking spaces?	Noon to 3 Saturday and Noon to 1pm Sunday	Offered weekly

Listed below is a schedule of events that have been submitted to the Managed Care Organizations to comply with the requirements and types of groups for the program.

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7pm-8pm Recovery Support Group	7pm-8pm Recovery Support Group	7pm-8pm Recovery Support Group	7pm-8pm Recovery Support Group	7pm-8pm Recovery Support Group	7pm-8pm Recovery Support Group	7pm-8pm Recovery Support Group
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Wakeup to Recovery – A 60-minute group on planning and executing recovery positive attitudes as well as schedule of daily routine (example: doc appointments, counseling, writing down, chores, what’s going on today). Maintaining structure and stability in daily living without the use of substances, Current events

Substance Abuse Education: Addressing Common Issues in Recovery, The science of drug use, The Brain on Drugs, Social Situations, Prevention, Recovery & Treatment, The use of OTC medicines, Special Populations (to be determined by the population at the program).

Medical Education: Chronic illnesses related to substance use, co-morbidity, STD’s, TB, HIV, Hepatitis A,B,C, Pain, Mental Health Issues, Health Consequences of Drug Use, building a wellness and recovery plan.

Relapse Prevention: Triggers, Prevention Techniques, sober coping tools, building a recovery support, criminal thinking/thinking errors.

Strength Building: Identifying client’s strengths through motivational interviewing and using these strengths to complete treatment goals, effective decision making, consequential thinking. Workforce skills and preparation.

Wrap Up: Clients report what they did that day, feelings, plan for tomorrow. Schedule of night activities.

Recovery Support: 12 step groups, SMART Recovery, Big Book, Groups in Recovery, Peer Support.

Recreational Groups: Art, Music, Cooking, Physical Activities

If there are any questions, concerns or further clarification is needed I would be happy to address in any manner requested. 401-789-9390 x 105 or 401-419-7218. Lynn E. Serra Executive Director.